

The following definitions shall be used for purposes of this policy:

1. "School day" begins at midnight and ends 30 minutes after the official school day ends.
2. "Competitive foods" shall include foods compliant with federal rules for Smart Snacks, sold by someone other than the District's child nutrition services wherever reimbursable meals are sold.
3. "District central athletic sites" shall include noncampus locations designated by the District athletics department and hosting District-supported events.

The District shall advance student health by:

1. Educating children and providing an environment that supports children in making healthy choices and decisions;
2. Striving to reduce disease and infection and promoting the general wellness of all students by providing comprehensive kindergarten–grade 12 health education;

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WELLNESS PLAN

The Superintendent shall promote a wellness environment conducive to healthy choices in school-based activities, nutrition, and physical activity.

The local wellness plan shall, at a minimum, address:

1. Strategies for soliciting involvement by and input from persons interested in the wellness plan and policy;
2. Objectives, benchmarks, and activities for implementing the wellness goals;
3. Methods for measuring implementation of the wellness goals;
4. The manner of communicating applicable information about the District's wellness policy and plan to the public;
5. Alternative reward options for schools to offer students other than food; and
6. Participation of a local wellness coordinator from each school to establish a campus wellness team to evaluate the school health climate and participate in annual District-wide wellness events.

NUTRITION  
GUIDELINES

The District's nutrition guidelines for reimbursable school meals and all other foods and beverages sold, made available, or marketed to students during the school day shall be designed to promote student health and reduce childhood obesity and shall be at least as restrictive as federal regulations and guidance, except when the District allows an exemption for fundraising activities as authorized by state and federal rules. [See CO and FJ]

In addition to legal requirements, the District shall:

1. Operate all child nutrition programs with school food service staff who are properly qualified under current professional standards;
2. Establish guidelines for food and beverages available to any student during the regular school day, including through any vending machines;
3. Ensure that all vending machines that are accessible to students during the regular school day contain only items compliant with federal rules for Smart Snacks, and ensure that vending machines not compliant with Smart Snacks rules remain turned off during the regular school day;
4. Encourage students, staff, and families to make healthy food and beverage choices based on current dietary guidelines for Americans, and strive to increase student participation in

breakfast and lunch programs through marketing and providing nutrition education on the benefits of eating a healthy meal;

5. Provide sufficient scheduled time for students to eat meals in facilities that are clean, safe, and comfortable;
6. Adhere to Smart Snacks nutrition standards for all food and beverages available for purchase by any student during the school day, including items available through any fundraiser



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The District establishes the following goals to create an environment conducive to healthful eating and physical activity and to promote and express a consistent wellness message through other school-based activities:

1. The District shall promote wellness for students, families, and school staff at suitable school activities.
2. The District shall promote wellness for students and their families at suitable District and campus events.
3. The District shall provide students and the community with

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students other than his or her own child. Such celebrations shall not occur during lunch time.

IMPLEMENTATION

The Superintendent shall appoint a designee to oversee implementation of this policy. The designee shall develop the local wellness plan, with appropriate administrative procedures to establish responsibilities, set annual performance measures, and furnish annual reports to the Superintendent regarding implementation of the plan. This policy shall be reviewed annually by the SHAC and the Board.

EVALUATION

The District shall comply with federal requirements for evaluating this policy and the local wellness plan, as well as the District's and each campus's level of compliance with the policy and plan.

Annually, the District shall assess and prepare a report of each campus's progress toward meeting the goals established in this policy and in the local wellness plan, including a summary of each campus's major activities and events.

PUBLIC NOTIFICATION

The District shall inform and update the public about the content and implementation of the wellness policy, including posting on its website a copy of the wellness policy and the local wellness plan, as well as a copy of the annual report.

RECORDS RETENTION

The District shall retain all appropriate records associated with the wellness policy in accordance with law and the District's records management program. [See CPC and FFA(LEGAL)]